



I N S T I T U T E O F  
*child nutrition*  
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### **Food Buying Guide Calculator Pre/Post Assessment**

1. The As Purchased (AP) weight is
  - a. the name of the food item and the form which is purchased.
  - b. the amount to prepare.
  - c. the amount of product served.
  - d. the amount of product that is leftover.
  
2. The Edible Portion (EP) weight is
  - a. the amount of product to be purchased.
  - b. the amount of product that can be consumed.
  - c. the amount of servings to be prepared.
  - d. the amount of product that is leftover.
  
3. After you have determined the Exact Quantity to purchase, the Purchase Quantity
  - a. is the same amount of the exact purchase unit.
  - b. may need to be lowered to the next purchase unit.
  - c. may need to be rounded up to the next purchase unit.
  - d. has no impact on purchase on the purchase unit.



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### **Food Buying Guide Calculator Pre/Post Assessment**

4. The Food Buying Guide Calculator has
  - a. production records and recipes suggestions.
  - b. only the 10 most common items for each of the food groups.
  - c. more food groups than the Food Buying Guide.
  - d. individual calculators for each of the food groups.
  
5. The Food Buying Guide Calculator allows you to
  - a. print or email a copy of the calculations.
  - b. link to your internal spreadsheets.
  - c. conduct a recipe nutrient analysis.
  - d. eliminate the use of production records.